

## **TODDLERS AND TWOS SCHEDULE**

**Friday Mornings from 10 to 11:30AM at Dragonfly Dulou  
2066 Hillhurst Avenue in Los Feliz**

**JANUARY 2011**

**January 14<sup>th</sup>**

**Separation Anxiety/ Keeping Children Safe**

**January 21<sup>st</sup>**

**Extended Nursing and Child Led Weaning with speaker  
Jules Kim from La Leche League**

**January 28<sup>th</sup>**

**Building a Supportive Community/How Friendships  
Change Once We Have Children**

**February 4<sup>th</sup>**

**The "Good Enough Parent" - Letting Go of Guilt**

**February 11<sup>th</sup>**

**Parenting with a Partner - Working Out Differences in  
Parenting Styles**

**February 18<sup>th</sup>**

**Setting Boundaries - Making Rules  
When to Say No and When to Let it Go!**

**February 25<sup>th</sup>**

**Discovering Your Child's Unique Learning Style**

**March 4<sup>th</sup>**

**“How to Talk so Children will Listen and Listen so Children will Talk” Language that works**

**March 11<sup>th</sup>**

**Understanding Problem Behaviors**

**March 18<sup>th</sup>**

**Ruth Beaglehole from the Echo Center**

**March 25<sup>th</sup>**

**Supporting Children’s Play and Learning**

**April 1<sup>st</sup>**

**“But Girls Can’t Do That” Helping Children Move Beyond Limiting Gender Roles**

**April 8<sup>th</sup>**

**Tempering Tantrums**

**April 15<sup>th</sup>**

**Greening Your Nest with guest speaker Rachel Myers**

**April 22<sup>nd</sup>**

**How Children Develop Self Esteem**

**April 27<sup>th</sup>**

**Finding the Right Preschool/Things to look for in a great babysitter**

**May 6<sup>th</sup>**

**Keeping Children Healthy, Natural Ways to Boost Immunity and Deal with Illness**

**May 13<sup>th</sup>**

**Spa Mama, Chemicals to Keep Out of Your Bath and Beauty Products**

**May 20<sup>th</sup>**

**The Trouble with Time Outs**

**May 27<sup>th</sup>**

**Sink or Swim – How to find the right swimming teacher**

**June 3<sup>rd</sup>**

**Wild Things: Handling Anger and Aggression**

**June 10<sup>th</sup>**

**Traveling with Toddlers**

**June 17<sup>th</sup>**

**Fun Summer Activities with Toddlers**